

# 4 on 4 Ball Hockey Tournament

## September 25, 2010



# 2010 Registration Package

**Registration Deadline: September 18, 2010**

## ***Registration Information***

- In order to secure your team a spot in the tournament, you must first fill out the following registration package. Once complete, return it to Cranston Residents Association, pay for your team, and your spot will be secured. We will not accept payments until the registration package is filled out and complete. If any information is missing in package, it will be deemed incomplete and you may lose your spot in the tournament.
- Registration is on a first come bases. Space is limited to 8 teams.
- There is an entry fee of \$50/team for residents and \$60/team for non residents.
- If you have any questions please contact Blain Ford at 403.781.6614 or [pc@cranstonresidents.ca](mailto:pc@cranstonresidents.ca).

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## ***Tournament Format***

1. Teams will be divided into 2 pools, 4 teams per pool.
2. Each team will play every other team within their pool once, in a round robin format (3 games).
3. Once the round robin is complete and point totals are calculated, the final games will be as follows:
  - D final:** 4<sup>th</sup> place (Pool A) vs. 4<sup>th</sup> place (Pool B)
  - C final:** 3<sup>th</sup> place (Pool A) vs. 3<sup>th</sup> place (Pool B)
  - B final:** 2<sup>th</sup> place (Pool A) vs. 2<sup>th</sup> place (Pool B)
  - A final:** 1<sup>th</sup> place (Pool A) vs. 1<sup>th</sup> place (Pool B)

\*Every team is guaranteed 4 games

## Game Rules

- Teams will consist of a maximum of 8 players and one goalie and a minimum of 4 players and one goalie.
- All players must be 18 years or older.
- Teams will referee their own games based on a fair play motive.
- Players not on the registration form are **not** permitted to play.
- Players must wear helmets and gloves.
- Goalies must wear full equipment (must provide your own goalie equipment)
- The tournament will consist of 8 teams. Each game will include a 5 minute warm-up and two 12 minute periods.
- All players on the team must be at the rink 10 minutes before the start of their games.
- Teams will be awarded 2 points for winning a game. If there is a tie in points standings it will be decided by a goals for and goals against format.
- In the case of a tied game, a 3 person shoot out will decide the winner. A goals for and goals against format will then be followed.
- A maximum of 8 goals per team can be scored in a game. This is to avoid a negative experience for weaker teams. If you score 8 goals the game will continue but turn into a defensive one for your team.
- Penalties result in a penalty shot. Following the penalty shot, defending team gets possession (5 second rule).
- No slap shots.
- All player changes must take place “on the fly”
- The goalies cannot “freeze” the ball. Should the goalie cover the ball, all players must back away quickly (2-3 feet) allowing the goalie to clear the ball out of danger. Once the ball leaves the goalie’s possession, it is a “free” ball to be contested by both teams. Allow for a 5 second count.
- All games will be NON-BODYCHECKING.
- Face-offs will occur only at the beginning of each game.
- Coincidental penalties shall result in a faceoff at centre ice. No penalty shots are awarded. Each player must sit off for 2 minutes.
- Any player that gets 3 penalties within the same game will be eliminated for the remainder of the game.
- No alcohol permitted. If a team is found with alcohol they will be immediately suspended from the tournament.
- Respect for teammates, opponents, self and **sportsmanship is an absolute and non negotiable.**

**Being Active is very safe for most people. However, some people should check with their doctor before they start becoming much more physically active.**

**Cranston Residents Association assumes no liability for persons who undertake physical activity. Consult your doctor prior to physical activity.**



## Team Registration Form

Office Use Only	
Date Received:	_____
Time Received:	_____
Cheque #:	_____
Received By:	_____

Team Name: \_\_\_\_\_

Team Jersey Color: \_\_\_\_\_

**Team Captain:** \_\_\_\_\_

CRA

ID#: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Age: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_

### Player #2 Information

Name: \_\_\_\_\_

CRA ID#: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Age: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_

### Player #3 Information

Name: \_\_\_\_\_

CRA ID#: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Age: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_

**Player #4 Information**

Name: \_\_\_\_\_

CRA ID#: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Age: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_

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**Player #5 Information**

Name: \_\_\_\_\_

CRA ID#: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Age: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_

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**Player #6 Information**

Name: \_\_\_\_\_

CRA ID#: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Age: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_

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**Player #7 Information**

Name: \_\_\_\_\_

CRA ID#: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Age: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_

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**Player #8 Information**

Name: \_\_\_\_\_

CRA ID#: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Age: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_

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**Goalie Information**

Name: \_\_\_\_\_

CRA ID#: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Age: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_

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**Waiver Form**

\*\*\*PLEASE READ THE FOLLOWING CAREFULLY BEFORE SIGNING AND SEEK APPROPRIATE ASSISTANCE IF YOU DO NOT UNDERSTAND \*\*\*

IN CONSIDERATION of the Cranston Residents Association (the "CRA") permitting the undersigned or the Participant to participate in the Program, the undersigned, for myself or the Participant, as the case may be, and for my or the Participant's personal representatives, heirs and next of kin, acknowledges and agrees with the CRA that:

1. I acknowledge that I am aware of the dangers, risks and hazards associated with my participation in, spectating or mere attendance at the Program. I acknowledge and agree that I am not required by the CRA or anyone else to participate in, spectate at or attend the Program and that I am freely and voluntarily assuming any and all dangers, risks and hazards arising therefrom. I acknowledge that I am aware that it is a condition of my participation in the Program that I so participate entirely at my own risk.
2. The CRA and its members, employees, agents, trustees, directors and officers and their helpers and assistants and each of them and their respective insurers, heirs, successors, assignees, administrators and executors (the "Releasees") are not responsible for any loss, costs, damage, personal injury, ambulance services, death or property damage, however caused, arising from my participation in, spectating and/or mere attendance at the Program, including without limitation negligence on the part of the Releasees, breach of contract, occupier's liability or any other tort or cause of action at common law, in equity or by statute.
3. I hereby remise, release, discharge, waive, indemnify and save harmless the Releasees and each of them from any and all liability, costs (including without limitation legal costs on a solicitor and his own client basis), claims, damages, demands, actions and causes of actions at law, by statute and/or in equity arising as a result of any loss, damage, personal injury, death or property damage that I may suffer, directly or indirectly, as a result of my participation in, spectating and/or mere attendance at the Program.
4. I understand that by signing this document, I will be forever precluded from suing or otherwise claiming against the Releasees or any of them for any loss, damage, personal injury, death or property damage that I may sustain through my participation in, spectating at and/or merely attending the Program.
5. For the purposes of the herein provisions, the CRA is or shall be deemed to be acting as agent or trustee on behalf of or for the benefit of each of the Releasees. The foregoing provisions are intended to be as broad and inclusive as is permitted by the laws of the Province of Alberta, and if any portion thereof is held invalid, the balance shall continue in full legal force and effect.

<b>Team Captain</b>	Date	<b>Player #6</b>	Date
<b>Player #2</b>	Date	<b>Player #7</b>	Date
<b>Player #3</b>	Date	<b>Player #8</b>	Date
<b>Player #4</b>	Date	<b>Goalie</b>	Date
<b>Player #5</b>	Date		